## LES PAINS

Bread & Butter £2.00
Garlic Bread £3.00
Garlic Bread & Cheese £4.00
Pitta Bread £4.50

with houmous & olives

# LES CRÉPES

#### LA COMPLÈTE

£9.50

ham, cheese, mushroom, tomato, fresh spinach and a fried egg

#### L'ANTI CANNIBAL V

£8.50

spinach, grated cheese, mushroom, tomato and a free range egg

#### LA NORVEGIENNE

£9.50

smoked salmon with soft cheese, lemon, chives, baby spinach & crème fraiche

#### LA CHÈVRE V

£9.50

soft goat's cheese with sundried tomatoes, spinach and a tomato and basil sauce

#### LA CHINOISE N

£9.50

shredded roast duck, Chinese-style, with cucumber and spring onions in a plum sauce with shredded vegetables, cashew nuts and toasted sesame seeds 10% DISCRETIONARY SERVICE CHARGE ADDED TO ALL TABLES.

ALL GRATUITY IS DISTRIBUTED DIRECTLY
TO OUR HARD WORKING STAFF

V - Suitable for vegetarians
 VG - Suitable for vegans
 GF - Does not contain gluten
 GFA - Gluten-free alternative available
 N - Contains nuts

PLEASE ASK TO SEE FULL ALLERGY LIST



# LES MENUS



## MENU FIXE A MENU FIXE B

#### SOUPE DU JOUR VG

with French bread

#### CHICKEN LIVER PATE

with toasted bread

#### SMOKED SALMON

with cream cheese and chives, with French bread

#### L'ITALIENNE A LA RONAN V

layers of grilled aubergine, roasted courgette, tomato, and mozzarella with a cucumber and mint dressing

#### COO AU VIN GF

in a red wine sauce with creamy mash

#### PORK CUTLET GF

in a cream and mushroom sauce with sautéed new potatoes

#### PAN-FRIED FISH FILLET GF

in a lemon and herb butter sauce with crushed potatoes, tomatoes and spinach

#### BAD BOY BURGER VG

oriental inspired vegan burger atop a bed of pak-choi and grilled peppers with a mint and coconut yoghurt relish

#### SOUPE DU POISSONS

with garlic croutons, grated cheese & aioli

#### LES ESCARGOTS

6 snails in garlic and herb butter with French bread

#### LES MOULES FARCIES

stuffed mussels grilled with Pernod, garlic butter and breadcrumbs

#### SALADE DU SOLEIL V

beetroot, feta, raspberries, oranges, watermelon and pomegranate seeds with a raspberry coulis

#### L'ÉTABLE GF

traditional, French, red wine beef bourguignon with new potatoes

#### LA NIÇOISE GF

typical niçoise salad adorned with a grilled fillet of salmon

#### LE MÉDITÉRANÉEN VG

roast vegetable tartlet with vegan "feta" and a spicy tomato sauce

#### POISSONS PARMENTIER GF

a sumptuous mixture of cod and prawns in a nantua sauce with new potatoes and mixed garden vegetables

### 2 COURSES - £25

### **DU GRIL**

#### LE McMICHEL GFA

£11.50

100% beef burger hand made by our chefs served with fries in a brioche bun add bacon, cheddar, brie or a free-range hens egg for £1.50 each

#### LE BENICÀSSIM GFA

£13.50

the gourmet burger - our beautiful, succulent burger lavished with bacon, cheddar and a fried egg (sunny side up) served with fries

#### LE PICARDIE GFA

£13.50

our 100% beef burger with Parma-ham, French brie, and cranberry confit served with fries

#### LES COLLINES VG £11.50

Moving Mountains® burger in a "brioche" bun with roasted vegetables, vegan "cheese", a thick tomato slice, cos lettuce, and a spicy "mayo" served with fries

#### L'ENTRECÔTE GF

£19.50

8oz sirloin steak, with fries and salad add peppercorn sauce or garlic butter for £1.50

## SUR LE COTÉ

French Fries VG GF	£3.50
Garlic & Chilli Fries VG GF	£4.00
Cheesy Fries GF	£4.50
Roasted Vegetables VG GF	£4.50
Tom & Onion Salad vg GF	£4.50

### 2 COURSES - £15